**For Healthcare Providers**

**How does VagiVital work?**  
Today, both estrogen products and hormone free alternatives are available for the treatment of vaginal atrophy. VagiVital is a hormone free crystal clear active gel with several advantages:

* A short list of ingredients
* A simple standardised dose for every usage with an applicator
* Non-sticky and no need for sanitary napkins during treatment
* Delivers water to the mucous membranes over time, thanks to the low osmolality of the gel
* Restores pH
* Stimulates cell growth in the surface layer of the mucous membranes
* The gel is lipid free and the applicator is easy to clean after usage
* Clinically proven effects
* Produced by a Swedish company focusing on women’s health

A treatment with VagiVital lasts for 30 days. The woman will use the applicator with its standardised dose of 1 ml every day during 30 days. After 30 days VagiVital can be used according to need and preference.

**Clinical studies**  
Vagivital has been documented in a comprehensive randomised multicentre study with 90 patients in total, along with scientists from Karolinska University Hospital, Uppsala University Hospital, as well as University Hospital of Umeå.

As many as 79 % of the patients experienced relief from the most painful symptoms and they also experienced improvements in pH value, as well as an increase in the amount of cells in the surface layer of the mucous membranes.

Other clinical effects were also documented, such as improvements of urinary incontinence symptoms, which proved to be an additional benefit to the relief from the other discomforts.

VagiVital has thus shown significant improvements in terms of both objective as well as subjective parameters.

According to these clinically documented results, we classify VagiVital as an active gel, as it does much more than just rehydrates. The clinical proven effect is in comparison with estrogen products.

**Who can use the active gel?**  
VagiVital can be used by all women who suffer from vaginal atrophy. Periods with lower production of estrogen usually occur during menopause as well as when women undergo cancer treatment. But it can also be experienced by women who use the pill, during breastfeeding (after childbirth) or by women who suffer from general lower abdomen problems, due to vaginal dryness.